

## Run Donna Run Challenge meets Yarralinda School

This term the Yarralinda Upper School students have all been engaged in a special Resiliency Program to increase their awareness of their power of choice when confronted with life's challenges.



The Program was kick started with a visit to the school by Donna Campisi [Run Donna Run](#), a dynamic and inspirational speaker and humanitarian. As a young child Donna overcame great physical hardship; her heartfelt story brought home the message that we all have the power of choice and with a belief in self we can overcome life's challenges.

The students were then asked to take on a physical challenge which was out of their comfort zone and the 1000 Steps (Kokoda Trail) in the Mt Dandenong National Park became the challenge.



The students donned 'The Power is in Me' T-shirts and caps and began training. The big day arrived on June 16th. We were very fortunate to have Donna join us to provide an extra boost of encouragement. Although very cold, the rain held out and the students showed remarkable determination in achieving and even surpassing the challenges they'd set themselves. Medals donated by Donna were awarded to the students when they arrived back at school.

Donna's mission of empowering others with the belief of 'The Power is in Me' was well and truly achieved! For more photo's see our Facebook page link [here](#).

